



**Do you want a head start on building
patient communication skills?**

JOIN THE CARDIAC COACHES INTEREST GROUP!

**Make a real impact on patient lives
during your pre-clinical years in a low-
commitment way**

**KEEP AN EYE OUT FOR AN EMAIL WITH
DETAILS TO OUR FIRST MEETING DATE!**

WHAT DOES A CARDIAC COACH DO?

Cardiac Coaches are medical students who are trained to provide post-acute coronary syndrome (ACS) patients with longitudinal support and lifestyle counseling in exercise, nutrition, and smoking cessation.

We will be conversing with patients using Doximity and Zoom for the initial visit and follow up with them through phone/email. When COVID restrictions are lifted, we will be meeting patients in the hospital.

What's the commitment like?

Coaches sign up to be “on call” to meet a patient, but the schedule is entirely up to you. You can sign up for shifts anywhere from a few times a month to a few times a year

Who should join?

Motivated students who want direct experience in counseling patients and working alongside attending cardiologists, cardiology fellows, and IM residents. Students are also welcome to shadow if they're interested!

Interested?

Keep an eye out for an email detailing when the first Cardiac Coaches Interest Group meeting will take place.

Dr. Stanley Liu, a leading cardiologist here at UMMC, will give an introduction to the Cardiac Coaches program that he implemented three springs ago.